

Dr. Alex Morgan

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Location: Chicago, IL, USA

Education

Ph.D. in Clinical Psychology

University of Chicago, Chicago, IL

Expected Graduation: May 2026

- Dissertation: “The Impact of Mindfulness-Based Therapies on Anxiety in Adolescents”
- Advisor: Dr. Emily Chen
- GPA: 3.7/4.0

Master of Science in Psychology – Adolescent Counseling

University of California, Los Angeles (UCLA), Los Angeles, CA

Graduated: May 2023

- Thesis: “Examining the Role of Social Support in Coping Mechanisms for PTSD”
- GPA: 3.9/4.0
- Director: David Webb

Bachelor of Arts in Psychology

University of Michigan, Ann Arbor, MI

Graduated: May 2021

- Honors Thesis: “Cognitive Behavioral Therapy and Emotion Regulation in Young Adults”
 - Graduated with Honors, GPA: 3.8/4.0
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Clinical Experience

Psychology Intern

Chicago Mental Health Center, Chicago, IL

September 2023 – Present

- Conduct individual therapy sessions under supervision, using cognitive-behavioral techniques with a focus on anxiety and mood disorders.
- Implement mindfulness-based approaches with adolescent clients, track outcomes, and adjust therapeutic strategies accordingly.

Research Assistant

University of California, Los Angeles, Department of Psychology

June 2021 – May 2023

- Supported Dr. Sarah Yang’s lab in researching the effects of trauma-informed care in underserved communities.
- Conducted qualitative and quantitative analyses on data collected from surveys and interviews.

Research Experience

Graduate Research Assistant

University of Chicago, Department of Psychology

September 2023 – Present

- Lead investigator on a study of 150 adolescents examining the effects of family-based interventions on adolescent anxiety.
- Presented preliminary findings at the American Psychological Association (APA) Annual Conference in August 2024 (Atlanta).

Undergraduate Research Assistant

University of Michigan, Department of Psychology

September 2019 – May 2021

- Assisted in data collection and analysis on a study of 50 students exploring cognitive behavioral therapy's efficacy in stress management among university students.
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Publications & Presentations

- Morgan, A., & Chen, E. (2024). "Mindfulness-Based Therapies and Anxiety in Adolescents: A Meta-Analysis." *Journal of Clinical Psychology*, 78(5), 123-140.
 - Morgan, A. (2023). "Examining the Role of Social Support in PTSD Recovery." Presented at the American Psychological Association Annual Conference, Washington, D.C.
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Teaching Experience

Teaching Assistant, Introduction to Clinical Psychology

University of Chicago, Department of Psychology

September 2024 – December 2024

- Guided undergraduate students through course material, led discussion groups, and graded assignments.

Teaching Assistant, Research Methods in Psychology

University of California, Los Angeles

September 2022 – December 2022

- Assisted students in understanding research design, statistical analysis, and ethical considerations in psychological research.

Skills

- Therapeutic Approaches: Cognitive-Behavioral Therapy, Mindfulness-Based Therapy, Trauma-Informed Care
 - Research Methods: SPSS, Qualitative Analysis, Mixed-Methods Research
 - Languages: Fluent in English and Spanish
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Professional Affiliations

- Member, American Psychological Association (APA)
- Member, Association for Behavioral and Cognitive Therapies (ABCT)

This format is highly customizable depending on specific experiences, achievements, and institutional requirements. Each section can be expanded or condensed as needed.